

DMP Students Arranged Workshops titled "Orientation on psychodrama" for all Students of all 7 Academic Sites

DMP arranged workshops titled "Orientation on psychodrama" for all students of all the academic sites. Total 13 sessions were held both for the 6_{th} and 7_{th} batch students of seven academic sites.

The aim of these workshops was to engage the students in a process of connecting to their core strengths (personal, interpersonal and transpersonal strengths), understanding observing ego (A compassionate observer within our self that looks at us without any shame or blame). The focus was around building strengths, group building, group bonding, creating trust and also finding out the underlying cause of their anxiety and fear through role play and role reversal. A total of 335 students of two batches attended these workshops.